

Affordable Learning Implementation Grant Report
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I categorized the readings by week that there were required to read in Desire2Learn (see Figure 1 below). This helped the students to not be overwhelmed by the volume of reading and eased the ability of them to find the readings for each week. I also made it clear in the syllabus and in Desire2Learn which readings were required, which were recommended, and which were their choice. The required readings only had the name of the readings, and the recommended readings had “(Recommended)” at the beginning of the name of the Desire2Learn item. When different readings choices were offered, it allowed for students to choose approaches that fit with their own approach to counseling. The journal articles seemed to stimulate more ways to learn about the theoretical approaches and to provide new ideas for interventions to add to treatment plans.

Figure 1. Screenshot from Desire2Learn Readings Page



To help connect the material and readings to the course, I also made video lectures for most of the content in the course. The videos were lectures that they could listen to freely and a time of their own choosing. This helped to connect the readings more closely to the learning objectives of the course. It also helped to fill in the gaps from the journal articles and the textbook that was no longer required reading.

III. Student Feedback and Outcomes

Students expressed positive sentiments about this method and process for readings. This was shared with me anecdotally and formally through the Course Evaluations. Anecdotally, students shared with me that they appreciated the cost savings, as our students are typically working 20 or more hours per week on top of taking graduate school courses. A couple students shared with me that they were glad that they did not have to buy them, though they did buy one or more of the suggested books

because they wanted to learn even more about the topic and found the books that I recommended beneficial for their professional library.

In the formal Course Evaluations, one student said, “I really liked the suggested textbooks. While purchasing them was not required, I did purchase three of them because I think they will be excellent resources.” In more general feedback about the readings for the course, one student shared “Good readings, enjoyed that there were optional articles,” and another said, “The readings aligned with the course outline.”

This course is also connected to one of the Program Learning Outcomes for the CMHC program. The Program Learning Outcome is: “Demonstrate knowledge pertaining to the provision of evidence-based clinical mental health counseling services that enhance the emotional, cognitive, behavioral, relational, and spiritual well

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